



OCTOBER HALF-TERM

Activity Timetable
27th October - 2nd November 2025

Monday 27th October	Tuesday 28th October	Wednesday 29th October	Thursday 30th October	Friday 31st October	Saturday 1st November	Sunday 2nd November
9:15 - 10:15 Woodland Halloween Hunt (5+ years) 10:30 - 11:15 Mini Movers (1-4 years) 12:00 - 12:45 Tennis Games (9+ years) 14:30 - 15:30 Dodgeball (5+ years) 16:00 - 17:00 Spooky Arts & Crafts (5+ years) 	9:00 - 10:00 Tennis Games (5+ years) 9:30 - 10:00 Aqua Splash (1-4 years) 10:30 - 11:30 Woodland Halloween Trail (5+ years) 12:00 - 12:45 Pickleball Games (9+ years) 14:00 - 14:45 Tiny Tots Arts & Crafts (1-4 years) 15:00 - 16:00 Spooky Arts & Crafts (5+ years)	9:00 - 10:00 Woodland Scavenger Hunt (5+ years) 10:30 - 11:00 Aqua Splash (0-4 years) 13:00 - 17:00 HALLOWEEN FUNDAY	9:15 - 10:15 Pickleball Games (5+ years) 10:45 - 11:15 Mini Multisport (1-4 years) 11:30 - 12:15 Padel Games (9+ years) 13:45 - 14:45 Spooky Woodland Walk (5+ years) 15:00 - 16:00 Halloween Arts & Crafts (5+ years)	9:15 - 10:15 Basketball Games (5+ years) 10:30 - 11:15 Mini Movers (1-4 years) 11:45 - 12:30 Table Tennis (9+ years) 13:45 - 14:45 Halloween Arts & Crafts (5+ years) 15:30 - 17:00 Halloween Cinema Club (5+ years)	9:00 - 12:00 Kids Club (4 - 11 years) 12:00 - 12:45 Teen Functional Fitness (8+ years) 13:00 - 13:45 Family Bootcamp (8+ years) 14:30 - 15:30 Spooky Arts & Crafts (5+ years) Activity packs will be available at the Pavilion reception from midday.	9:00 - 12:00 Kids Club (4 - 11 years) 13:30 - 14:00 Aqua Splash (0-4 years) 14:30 - 15:30 Woodland Scavenger Hunt (5+ years)

Pre-booking is essential, with all sessions available to book 48 hours in advance via our online booking system. For ages 5+, a 'drop and go' service is offered with parental sign-in and sign-out required, while for ages 1–4, parental supervision is necessary for the full duration of the activity. Children attending woodland activities should wear appropriate footwear and clothing suitable for the time of year. Please note that sessions may be changed or cancelled at short notice due to weather, staffing, or room availability, and if you arrive more than 5 minutes late, your place may be given to someone on the waiting list.





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Adult Fitness Classes That Fit Around
Your Children's Schedules
27th October - 2nd November 2025



Monday

9.15 - 10:15am Woodland Halloween Hunt

- Pilates and stretch with Beth 09:15-10:15
- Box fit with Sophie 09:30-10:15
- Zumba with Jack 09:30-10:15

12:00-12:45 Tennis Games (9+)

- Strength on the gym floor with Conrad 12:00-12:45

2:30-3:30pm Dodgeball (5+ years)

- Pilates with Helena 14:30-15:30

Tuesday

10:30-11:30 Woodlands Halloween Trail

- Total body workout with Cameron 10:35-11:20

12:00-12:45 Pickleball Games (9+)

- Functional fitness with Magda 12:00-12:45

Wednesday

09:00-10:00 Woodland Scavenger Hunt

- Reformer Pilates 09:00-10:00
- Hitt cycle with Ellie 09:15-10:00

Thursday

09:15-10:15 Pickleball Games 5+

- Fitness Pilates with Kerry 09:15-10:15
- Body tone with Jenna 09:30-10:15
- Rythm cycle with Sarah 09:30-10:15

11:30-12:15 Padel Games 9+ years

- Functional fitness with Ellie 11:30-12:15
- Postnatal circuits with Joanna 11:30-12:15

Friday

09:15-10:15 Basketball Games (5+)

- Functional fitness with Magda 09:30-10:15
- Stages with Luke 09:30-10:15

Saturday

09:00-12:00 Kids Club (4+)

- Legs, bums and tums with Kerry 09:00-09:55
- Running club with Kat 09:00-09:45
- Pilates for pelvic health with Rebekah 09:05-10:05
- Stages cycle with Sarah 09:30-10:15
- Pilates with Kerry 10:15-11:15
- Functional fitness with Joanna 10:30-11:15
- Stretch and relax with Kerry 11:30-12:15

Sunday

09:00-12:00 Kids Club (4+)

- Body conditioning with Emma 09:15-10:00
- Hatha yoga with Vina 09:30-10:00
- Cycling club with Simon 09:30-12:00
- Stages cycle with Neil 10:10 - 11:10
- Weighted workout with Rebekah 10:15-11:00
- Restorative yoga with Vina 10:55-11:55
- Dance fit with Lauren 11:30-12:30