

# TINY TOTS (AGES 0-4)

Monday 5th January - Sunday 29th March 2026  
Half-Term: Monday 16th February - Sunday 22nd February 2026

## MONDAY

10:30 - 11:15

**Melody Bear Music and Movement**  
(age 1-3)

16:00 - 16:45

**Mini Jazz Dance\*** (age 4-6)  
Contact us@monarchstudios.co.uk to book

16:00 - 16:45

**Mini Ballet** (age 4-6)  
Contact us@monarchstudios.co.uk to book

17:15-18:00

**Mini Jazz Group Competitive\***  
(4-7 years)

## TUESDAY

10:00 - 10:45

**Tiny Tots Football** (age 2-4)

16:30 - 17:15

**Mini Junior Acrobatics\*** (age 4-7)  
Contact us@monarchstudios.co.uk to book

## WEDNESDAY

9:00 - 10:00

**Coffee & Cubs**  
(The last Wednesday of the month)

10:00 - 10:45

**Arts & Crafts** (age 1-4)

## THURSDAY

9:45 - 10:30

**Baby Sensory** (age 6-13 months)

10:45 - 11:30

**Baby Sensory** (age 0-7 months)

## FRIDAY

10:30 - 11:00

**Mini Multi Sports** (age 2-4)

## SATURDAY

14:00 - 15:00

**Arts & Crafts** (age 2+)

## SUNDAY

9:30 - 10:00

**Aqua Splash** (age 0-4)  
Session in the pool. Parent must be in water with child.

**Baby Sensory** - Baby Sensory® provides ideas for creative play, massage, tummy time, movement, visual development, textures, scents, and music in simple practical ways that can be easily repeated at home. We also use a combination of original and traditional songs and rhymes to develop early speech and language skills, and sensory signing activities to help you and your baby communicate from birth.

**Games & Activities** - Join our activities team in the Studio for games designed to get your kids moving.

**Melody Bear Music & Movement** - Melody Movement early learning is a unique dance curriculum which addresses the needs of children aged 18 months upwards. It is tailored to discovering and fulfilling the potential of each child, nurturing their creative and physical development and musicality. Loveable Melody Bear is the focal point of the early years curriculum and all her activities, ideas and dreams can be told through dance, song and movement. Parents and caregivers are encouraged to participate with their child in a friendly song and dance class.

**Coffee & Cubs** - We understand that family is at the heart of our community. That's why we're excited to invite all members with newborns and preschool-aged children to join us for a \*Complimentary Monthly Coffee Morning\*, designed to offer you a relaxed and welcoming space for old or new members to exchange numbers, arrange meet-ups and discuss similar interests.

\*Monarch's 45 minute classes cost £10.50 and the 60 minute classes are £12.50, VAT inclusive and invoiced termly. These classes must be booked in advance.

**Aqua Splash** - Dive into a world of fun with this interactive water play experience! Kids are invited to splash, explore, and engage with a variety of exciting water toys in the pool.

**Arts & Crafts** - Join us each session for a fun creative activity that strives to improve creativity and imagination, as well as teaching new skills and developing confidence.

**Pilates** - Guided by certified Pilates instructors who are experts in making fitness fun, Pilates is where your little ones can unlock their inner magic while building strong bodies, happy minds and beautiful memories using the ABC's of Pilates at our core - Alignment, Breath & Centering. The classes will be included in your child's membership, however, you need to make a one-off purchase of the Pilates uniform in order to attend, please ask at the Pavilion reception for more information.

**Tiny Tots Football** - these sessions will help develop your child's football skills, as well as other key areas such as balance, co-ordination and agility.

**Mini Multisports** - A variety of sports, skills and games for 2-4 year olds designed for fun and confidence building.

**Forest Nook Adventure** - Join us for guided outdoor sensory play in the Forest Nook, located in the Adventure Playground. Each of these sessions will be led by one of our instructors who will guide the group through the activity. This outdoorsy, messy play hybrid is great for any little ones that want to play, learn and get a little bit mucky! \*If there is bad weather there will be an alternative Arts & Crafts session put on indoors. \*The last session will be the 24th October.

**All sessions are bookable from 8am, 48 hours in advance via our online booking system.**

For any email bookings, please state the name and age of the child/children. For ages 5+ 'drop and go' is available (a parental sign-in and sign-out will be required). For ages 1-4, parental supervision is required (a parent must stay for the duration of the activity). For all woodland activities and Forest Nook sessions, children should arrive with appropriate footwear and suitable clothing for the time of year. Please note, forest nook will be returning on the Friday 17th April 2026! Please see Holiday Activities Timetables during school holidays. Please note that all activity sessions are subject to change at short notice due to weather conditions, staffing levels or room changes and that if you are 5 or more minutes late, we are entitled to give your place to anyone waiting.