

HealthSpa Price List

Foxhills !



Please arrive 10 minutes before your allocated treatment time. If on a spa day, please allow plenty of time to check in, go through your itinerary and complete a tour of the spa.

The spa is open to individuals aged 16 years and above. Under 18's must be accompanied by an adult at all times.

In order to use the HealthSpa facilities, you must be a member of the club, on a spa day package or a resident of the hotel.

When booking a treatment only, this does not include access to the facilities.

Our cancellation policy is 48 hours for both treatments and spa days.

Full payment is required upon booking.

If you are pregnant or have any allergies, medical conditions or health concerns, please make us aware at the time of booking.

Upon booking, a confirmation will be sent to you. If this is not received or there are any errors, you will need to amend your booking by contacting the spa as soon as possible.

Contact us -

Email: relax@foxhills.co.uk Phone: 01932 704555

For more information, visit: www.foxhills.co.uk/spa

Therapeutic Massage

Massage

Our massage is tailor-made to meet your requirements using a combination of massage techniques designed to ease tension, stretch the muscles, stimulate the circulation and promote a general sense of wellbeing.

35 minutes **£79** 50 minutes **£105** 80 minutes **£158**

Hot Stone Akwaterra Massage

A synergy between earth & water, and a hygienic alternative to hot stone massage, this award-winning innovative heated massage system uses ceramic pods for targeted relief blended with our La Sultane de Sabe massage oils for the ultimate relaxation thermal experience.

45 minutes **£105** 60 minutes **£131** 90 minutes **£184**

Pregnancy Rituals

<u>Peaceful Pregnancy</u>

75 minutes £158

Add a 15-minute salt scrub, foot ritual or hand & arm ritual for just £25 (*Must be over 12 weeks' pregnant)





Face & Body Treatments

Signature Indulgence 120 minutes **£236**

> Spa Ritual 80 minutes £158

Top-to-Toe Treat 50 minutes £105

Indian Head Massage 40 minutes £79

Upgrade your experience with hot stones for an additional £10

Scrub & Wrap Treatments

Rassoul Exfoliation & Body Wrap Ritual 60 minutes £131

Sensational Salt Scrub 40 minutes £79

Black Soap Cleansing Ritual 50 minutes £105

Thermal Experiences

DIY Hammam for One 30 minutes **£45**

DIY Hammam for Two 45 minutes **£65**

Luxury DIY Hammam for One 45 minutes **£55**

Luxury DIY Hammam for Two 60 minutes £75

> Rassoul Ritual for One 30 minutes **£50**

> Rassoul Ritual for Two 45 minutes **£70**

Additional people (up to 4 per booking): £10 per person.

Elemis Facial Treatments

Express Facial 25 minutes £53

Men's Urban Cleanse Facial 35 minutes £79

Pro-Glow Renewal Facial 40 minutes £79

Pro-Glow Brilliance Facial 50 minutes £105

Pro-Glow Smooth Facial 50 minutes £105

Pro-Glow Resurfacing Facial 65 minutes £131

Pro-Glow Genius Facial 65 minutes £131

 $\pounds 10$ upgrade to Biotec Electrical Facial









Hollistic & Wellbeing Treatments

Sports Massage

Sports massage therapy helps alleviate the stress and tension built up in your body's soft tissue during physical activity, due to over excursion or over-use of the muscles. It can help prevent niggling injuries, clearing the way to you achieving optimum performance.

30 minutes £79 45 minutes £105 60 minutes £131

Sports Therapy

A detailed examination, assessment and diagnosis of muscular skeletal injuries & conditions, ranging from postural analysis and body alignment to ligament & muscle testing.

30 minutes **£50** 45 minutes **£60** 60 minutes **£70**

<u>Acupuncture</u>

Using disposable needles inserted into the skin & underlying tissue, acupuncture works for both therapeutic & preventative purposes.

35 minutes **£50** 50 minutes **£70** 80 minutes **£100**

<u>Reflexology</u>

This ancient therapy incorporates pressure-point massage to the hands and feet, stimulating them to rebalance corresponding body parts and organs, enabling them to function more effectively.

40 minutes **£79** 55 minutes **£105**

Facial Reflexology

The practice of Facial Reflexology facilitates the flow of energy throughout the body, promoting natural healing and effective organ function. This technique also helps to reinforce the body's natural immune system. Facial Reflexology is a gentler and slower treatment that induces deep relaxation and a powerful experience. The session commences with a warm facial cleanse utilising hot mitts, and a neck and shoulder massage, before proceeding to the Facial Reflexology procedure.

50 minutes **£105**

Reiki

Reiki is an extremely gentle but remarkably powerful form of healing.

40 minutes **£79** 55 minutes **£105**



Extra Treats

Enhance your facial, massage or body treatment with:

Super Salt Exfoliation
15 minutes £25

Revitalising Hand and Arm Treatment
15 minutes £25

Thermal Foot Salve Ritual
1.5 minutes £25

Soothing Eye Treatment (Facial Treatment Only)
15 minutes £25

Nails

Mini Manicure or Pedicure
25 minutes £30

Classic Manicure 50 minutes £60

French Classic Manicure
50 minutes £65

Gel Manicure 50 minutes £60

Gel French Manicure 55 minutes **£65**

> Classic Pedicure 50 minutes **£65**

French Classic Pedicure
50 minutes **£65**

Gel Pedicure 50 minutes £65

Gel French Pedicure 50 minutes **£65**

Gel Soak-Off (Hands or Feet) 25 minutes £30



Finishing Touches

Spray Tan 25 minutes £30

Make up
60 minutes £80

Eyebrow & Lash Tint 25 minutes £35

Eyebrow Tint & Wax 25 minutes £35

Eyebrow Wax 15 minutes £20

Lip & Chin Wax 15 minutes £20

Underarm Wax 15 minutes £20 Standard Bikini Wax 25 minutes **£30**

Extended Bikini Wax 25 minutes **£40**

Brazilian Bikini Wax 40 minutes **£50**

Hollywood Bikini Wax 45 minutes **£60**

Half Leg Wax 25 minutes £40

Full Leg Wax 45 minutes £65

Back or Chest Wax 25 minutes £40

All tinting requires a 48-hour patch test prior to your appointment.







Treatment Bundles

Purchase 5 treatments and get your 6th FREE Purchase 10 treatments and get 12

Available for the following treatments:
50-minute Therapeutic Massage
45-minute Hot Stone Akwaterra Massage
60-minute Elemis Facials
80-minute Foxhills Spa Ritual
50-minute Top-to-Toe Treat
40-minute Sensational Salt Scrub

Nail Treatment Bundles

6 Classic or GEL Manicure Treatments £210 (just £35 per treatment RRP £360)

12 Classic or GEL Manicure Treatments £360 (just £30 per treatment RRP £720)

6 Classic or GEL Pedicure Treatments £240 (just £40 per treatment RRP £390)

12 Classic or GEL Pedicure Treatments £420 (just £35 per treatment RRP £780)

Bespoke treatment bundles also available, enquire at spa reception.

Spa Day Packages

Simply Sunrise Spa Monday - Friday £183pp

· 10am - 3pm including dining

· Full use of the spa facilities

· Access to relaxation room

· 35-minute Therapeutic Massage or 40-minute Renewal Facial · DIY Hammam

·£20 allocation towards lunch or afternoon tea

Simply Sunset Spa

Monday - Friday

£140pp

· 2.30pm - 6.30pm approximately

· Full use of the spa facilities

· Access to relaxation room

· 35-minute Therapeutic Massage or 40-minute Renewal Facial or 40-minute Sensational Salt Scrub

·£20 allocation towards lunch or dinner

Lovely Bumply

Monday - Friday

£152pp

· Full use of the spa facilities for half a day

· Access to relaxation room

- 40-minute Renewal Facial & Mini Manicure or Mini Pedicure

·£20 allocation towards lunch or dinner

- Choice of product to take home, Japanese Camelia Oil or Instant Refreshing Gel

(*Ladies must be over 12 weeks' pregnant to experience the treatments)

Member Experience Days

Monday - Friday

£150

· Towel, robe & flip-flops provided

· Two wellbeing classes (one dynamic fitness class, one holistic class)

· DIY Hammam Experience

· Access to our seven thermal areas & spa facilities

· Access to our relaxation area & tranquil Spa Garden

£20 allocation towards lunch or afternoon tea







Essentially Spa Monday - Friday £245pp

· Full use of the spa facilities · Optional one-hour class or use of gym · Access to relaxation room · 80-minute Foxhills Spa Ritual · DIY Hammam

Quintessentially Spa

·£20 allocation towards lunch or afternoon tea

Monday - Friday

£339pp

Full use of the spa facilities
Optional one-hour class or use of gym
Access to relaxation room
120-minute Foxhills Signature Spa Indulgence
Gel Manicure
Gel Pedicure
£20 allocation towards lunch

Wellbeing Weekend

· Your choice of git set from La Sultane de Saba range

Saturday & Sunday

£350pp

- · Full use of the spa facilities
- · Access to relaxation room to include complimentary glass of prosecco
 - · 15-minute Super Salt Exfoliation
 - · 35-minute Therapeutic Massage
 - · 45-minute Elemis Renewal Facial
 - · Choice of Manicure or Pedicure
 - £20 allocation towards lunch
 - ·£40 credit towards products

Blissfully Blooming Spa

Monday - Friday

£279pp

- · Full use of the spa facilities
- · Access to relaxation room
- · 75-minute Peaceful Pregnancy Ritual
 - · Thermal, gel or classic pedicure
- £20 allocation towards lunch or afternoon tea
- Choice of product to take home, Japanese Camelia Oil or Instant Refreshing Gel (*Ladies must be over 12 weeks' pregnant to experience the treatments)













Overnight Spa Break

Heavenly Hideaway
From £422 per room, per night

One night's Bed & Breakfast, plus £36 dining allocation across the resort
 Choice of 50-minute Top to Toe Treat or 50-minute Black Soap Cleansing Ritual
 Full use of spa facilities included in your stay from 2pm check-in and until
 11am check-out.

www.foxhills.co.uk/stay



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