



Longcross Course Handicap Table



Instructions



When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

Championship		
Course Rating : 73.4 Par 72 Slope Rating: 148		
Handicap Index ®	Course Handicap™	
+5.0 to	+4.6	+5
+4.5 to	+3.8	+4
+3.7 to	+3.0	+3
+2.9 to	+2.3	+2
+2.2 to	+1.5	+1
+1.4 to	+0.7	0
+0.6 to	0.0	1
0.1 to	0.8	2
0.9 to	1.6	3
1.7 to	2.3	4
2.4 to	3.1	5
3.2 to	3.8	6
3.9 to	4.6	7
4.7 to	5.4	8
5.5 to	6.1	9
6.2 to	6.9	10
7.0 to	7.7	11
7.8 to	8.4	12
8.5 to	9.2	13
9.3 to	10.0	14
10.1 to	10.7	15
10.8 to	11.5	16
11.6 to	12.2	17
12.3 to	13.0	18
13.1 to	13.8	19
13.9 to	14.5	20
14.6 to	15.3	21
15.4 to	16.1	22
16.2 to	16.8	23
16.9 to	17.6	24
17.7 to	18.4	25
18.5 to	19.1	26
19.2 to	19.9	27
20.0 to	20.6	28
20.7 to	21.4	29
21.5 to	22.2	30
22.3 to	22.9	31
23.0 to	23.7	32
23.8 to	24.5	33
24.6 to	25.2	34
25.3 to	26.0	35
26.1 to	26.7	36
26.8 to	27.5	37
27.6 to	28.3	38
28.4 to	29.0	39
29.1 to	29.8	40
29.9 to	30.6	41
30.7 to	31.3	42
31.4 to	32.1	43
32.2 to	32.9	44
33.0 to	33.6	45
33.7 to	34.4	46
34.5 to	35.1	47
35.2 to	35.9	48
36.0 to	36.7	49
36.8 to	37.4	50
37.5 to	38.2	51
38.3 to	39.0	52
39.1 to	39.7	53
39.8 to	40.5	54
40.6 to	41.3	55
41.4 to	42.0	56
42.1 to	42.8	57
42.9 to	43.5	58
43.6 to	44.3	59
44.4 to	45.1	60
45.2 to	45.8	61
45.9 to	46.6	62
46.7 to	47.4	63
47.5 to	48.1	64
48.2 to	48.9	65
49.0 to	49.7	66
49.8 to	50.4	67
50.5 to	51.2	68
51.3 to	51.9	69
52.0 to	52.7	70
52.8 to	53.5	71
53.6 to	54.0	72

Medal		
Course Rating : 71.8 Par 72 Slope Rating: 144		
Handicap Index ®	Course Handicap™	
+5.0 to	+5.0	+7
+4.9 to	+4.2	+6
+4.1 to	+3.4	+5
+3.3 to	+2.6	+4
+2.5 to	+1.9	+3
+1.8 to	+1.1	+2
+1.0 to	+0.3	+1
+0.2 to	0.5	0
0.6 to	1.3	1
1.4 to	2.1	2
2.2 to	2.9	3
3.0 to	3.6	4
3.7 to	4.4	5
4.5 to	5.2	6
5.3 to	6.0	7
6.1 to	6.8	8
6.9 to	7.6	9
7.7 to	8.3	10
8.4 to	9.1	11
9.2 to	9.9	12
10.0 to	10.7	13
10.8 to	11.5	14
11.6 to	12.3	15
12.4 to	13.1	16
13.2 to	13.8	17
13.9 to	14.6	18
14.7 to	15.4	19
15.5 to	16.2	20
16.3 to	17.0	21
17.1 to	17.8	22
17.9 to	18.5	23
18.6 to	19.3	24
19.4 to	20.1	25
20.2 to	20.9	26
21.0 to	21.7	27
21.8 to	22.5	28
22.6 to	23.3	29
23.4 to	24.0	30
24.1 to	24.8	31
24.9 to	25.6	32
25.7 to	26.4	33
26.5 to	27.2	34
27.3 to	28.0	35
28.1 to	28.7	36
28.8 to	29.5	37
29.6 to	30.3	38
30.4 to	31.1	39
31.2 to	31.9	40
32.0 to	32.7	41
32.8 to	33.5	42
33.6 to	34.2	43
34.3 to	35.0	44
35.1 to	35.8	45
35.9 to	36.6	46
36.7 to	37.4	47
37.5 to	38.2	48
38.3 to	39.0	49
39.1 to	39.7	50
39.8 to	40.5	51
40.6 to	41.3	52
41.4 to	42.1	53
42.2 to	42.9	54
43.0 to	43.7	55
43.8 to	44.4	56
44.5 to	45.2	57
45.3 to	46.0	58
46.1 to	46.8	59
46.9 to	47.6	60
47.7 to	48.4	61
48.5 to	49.2	62
49.3 to	49.9	63
50.0 to	50.7	64
50.8 to	51.5	65
51.6 to	52.3	66
52.4 to	53.1	67
53.2 to	53.9	68
54.0 to	54.0	69

Mens - CJ		
Course Rating : 70.5 Par 72 Slope Rating: 141		
Handicap Index ®	Course Handicap™	
+5.0 to	+4.9	+8
+4.8 to	+4.1	+7
+4.0 to	+3.3	+6
+3.2 to	+2.5	+5
+2.4 to	+1.7	+4
+1.6 to	+0.9	+3
+0.8 to	+0.1	+2
0.0 to	0.8	+1
0.9 to	1.6	0
1.7 to	2.4	1
2.5 to	3.2	2
3.3 to	4.0	3
4.1 to	4.8	4
4.9 to	5.6	5
5.7 to	6.4	6
6.5 to	7.2	7
7.3 to	8.0	8
8.1 to	8.8	9
8.9 to	9.6	10
9.7 to	10.4	11
10.5 to	11.2	12
11.3 to	12.0	13
12.1 to	12.8	14
12.9 to	13.6	15
13.7 to	14.4	16
14.5 to	15.2	17
15.3 to	16.0	18
16.1 to	16.8	19
16.9 to	17.6	20
17.7 to	18.4	21
18.5 to	19.2	22
19.3 to	20.0	23
20.1 to	20.8	24
20.9 to	21.6	25
21.7 to	22.4	26
22.5 to	23.2	27
23.3 to	24.0	28
24.1 to	24.8	29
24.9 to	25.6	30
25.7 to	26.4	31
26.5 to	27.2	32
27.3 to	28.0	33
28.1 to	28.8	34
28.9 to	29.6	35
29.7 to	30.4	36
30.5 to	31.2	37
31.3 to	32.0	38
32.1 to	32.8	39
32.9 to	33.6	40
33.7 to	34.4	41
34.5 to	35.2	42
35.3 to	36.0	43
36.1 to	36.8	44
36.9 to	37.6	45
37.7 to	38.4	46
38.5 to	39.2	47
39.3 to	40.0	48
40.1 to	40.8	49
40.9 to	41.6	50
41.7 to	42.4	51
42.5 to	43.2	52
43.3 to	44.0	53
44.1 to	44.8	54
44.9 to	45.6	55
45.7 to	46.4	56
46.5 to	47.2	57
47.3 to	48.0	58
48.1 to	48.8	59
48.9 to	49.6	60
49.7 to	50.4	61
50.5 to	51.2	62
51.3 to	52.0	63
52.1 to	52.8	64
52.9 to	53.6	65
53.7 to	54.0	66

Womens - CJ		
Course Rating : 77 Par 72 Slope Rating: 137		
Handicap Index ®	Course Handicap™	
+5.0 to	+4.6	+1
+4.5 to	+3.8	0
+3.7 to	+2.9	1
+2.8 to	+2.1	2
+2.0 to	+1.3	3
+1.2 to	+0.5	4
+0.4 to	0.4	5
0.5 to	1.2	6
1.3 to	2.0	7
2.1 to	2.8	8
2.9 to	3.7	9
3.8 to	4.5	10
4.6 to	5.3	11
5.4 to	6.1	12
6.2 to	7.0	13
7.1 to	7.8	14
7.9 to	8.6	15
8.7 to	9.4	16
9.5 to	10.3	17
10.4 to	11.1	18
11.2 to	11.9	19
12.0 to	12.7	20
12.8 to	13.6	21
13.7 to	14.4	22
14.5 to	15.2	23
15.3 to	16.0	24
16.1 to	16.9	25
17.0 to	17.7	26
17.8 to	18.5	27
18.6 to	19.3	28
19.4 to	20.2	29
20.3 to	21.0	30
21.1 to	21.8	31
21.9 to	22.6	32
22.7 to	23.5	33
23.6 to	24.3	34
24.4 to	25.1	35
25.2 to	25.9	36
26.0 to	26.8	37
26.9 to	27.6	38
27.7 to	28.4	39
28.5 to	29.2	40
29.3 to	30.1	41
30.2 to	30.9	42
31.0 to	31.7	43
31.8 to	32.5	44
32.6 to	33.4	45
33.5 to	34.2	46
34.3 to	35.0	47
35.1 to	35.8	48
35.9 to	36.7	49
36.8 to	37.5	50
37.6 to	38.3	51
38.4 to	39.1	52
39.2 to	40.0	53
40.1 to	40.8	54
40.9 to	41.6	55
41.7 to	42.4	56
42.5 to	43.3	57
43.4 to	44.1	58
44.2 to	44.9	59
45.0 to	45.7	60
45.8 to	46.6	61
46.7 to	47.4	62
47.5 to	48.2	63
48.3 to	49.0	64
49.1 to	49.9	65
50.0 to	50.7	66
50.8 to	51.5	67
51.6 to	52.3	68
52.4 to	53.2	69
53.3 to	54.0	70

Mens - Front		
Course Rating : 67.4 Par 68 Slope Rating: 125		
Handicap Index ®	Course Handicap™	
+5.0 to	+4.5	+6
+4.4 to	+3.6	+5
+3.5 to	+2.7	+4
+2.6 to	+1.8	+3
+1.7 to	+0.9	+2
+0.8 to	0.0	+1
0.1 to	0.9	0
1.0 to	1.8	1
1.9 to	2.8	2
2.9 to	3.7	3
3.8 to	4.6	4
4.7 to	5.5	5
5.6 to	6.4	6
6.5 to	7.3	7
7.4 to	8.2	8
8.3 to	9.1	9
9.2 to	10.0	10
10.1 to	10.9	11
11.0 to	11.8	12
11.9 to	12.7	13
12.8 to	13.6	14
13.7 to	14.5	15
14.6 to	15.4	16
15.5 to	16.3	17
16.4 to	17.2	18
17.3 to	18.1	19
18.2 to	19.0	20
19.1 to	19.9	21
20.0 to	20.8	22
20.9 to	21.7	23
21.8 to	22.6	24
22.7 to	23.5	25
23.6 to	24.4	26
24.5 to	25.4	27
25.5 to	26.3	28
26.4 to	27.2	29
27.3 to	28.1	30
28.2 to	29.0	31
29.1 to	29.9	32
30.0 to	30.8	33
30.9 to	31.7	34
31.8 to	32.6	35
32.7 to	33.5	36
33.6 to	34.4	37
34.5 to	35.3	38
35.4 to	36.2	39
36.3 to	37.1	40
37.2 to	38.0	41
38.1 to	38.9	42
39.0 to	39.8	43
39.9 to	40.7	44
40.8 to	41.6	45
41.7 to	42.5	46
42.6 to	43.4	47
43.5 to	44.3	48
44.4 to	45.2	49
45.3 to	46.1	50
46.2 to	47.0	51
47.1 to	48.0	52
48.1 to	48.9	53
49.0 to	49.8	54
49.9 to	50.7	55
50.8 to	51.6	56
51.7 to	52.5	57
52.6 to	53.4	58
53.5 to	54.0	59

Womens - Front

Course Rating : 72.8 Par 72
Slope Rating: 129

Handicap Index [®]	Course Handicap [™]
+5.0 to	+4.7
+4.6 to	+3.8
+3.7 to	+2.9
+2.8 to	+2.1
+2.0 to	+1.2
+1.1 to	+0.3
+0.2 to	0.6
0.7 to	1.4
1.5 to	2.3
2.4 to	3.2
3.3 to	4.1
4.2 to	4.9
5.0 to	5.8
5.9 to	6.7
6.8 to	7.6
7.7 to	8.4
8.5 to	9.3
9.4 to	10.2
10.3 to	11.1
11.2 to	12.0
12.1 to	12.8
12.9 to	13.7
13.8 to	14.6
14.7 to	15.5
15.6 to	16.3
16.4 to	17.2
17.3 to	18.1
18.2 to	19.0
19.1 to	19.8
19.9 to	20.7
20.8 to	21.6
21.7 to	22.5
22.6 to	23.3
23.4 to	24.2
24.3 to	25.1
25.2 to	26.0
26.1 to	26.8
26.9 to	27.7
27.8 to	28.6
28.7 to	29.5
29.6 to	30.3
30.4 to	31.2
31.3 to	32.1
32.2 to	33.0
33.1 to	33.8
33.9 to	34.7
34.8 to	35.6
35.7 to	36.5
36.6 to	37.4
37.5 to	38.2
38.3 to	39.1
39.2 to	40.0
40.1 to	40.9
41.0 to	41.7
41.8 to	42.6
42.7 to	43.5
43.6 to	44.4
44.5 to	45.2
45.3 to	46.1
46.2 to	47.0
47.1 to	47.9
48.0 to	48.7
48.8 to	49.6
49.7 to	50.5
50.6 to	51.4
51.5 to	52.2
52.3 to	53.1
53.2 to	54.0