

# HealthSpa Price List

## TEA & TONIC STRESS RELIEF TREATMENTS

### MASSAGE

Using Tea & Tonic's unique adaptagen blends most suited to tackle stress manifestation

Therapeutic Massage

35 minutes £75

50 minutes £96

80 minutes £144

## HOT STONE AKWATERRA MASSAGE

A synergy between earth & water, and hygienic alternative to hot stone massage, this award winning innovative heated massage system uses ceramic pods for targeted relief blended with our Tea & Tonic massage oils for the ultimate relaxation thermal experience.

45 minutes £96

60 minutes £144

90 minutes £168

## TEA & TONIC RITUALS

These truly personalised blends from Tea & Tonics Apothecary Herb Bar are bespoke to each treatment and along with adapted stress relieving techniques and tools help to alleviate your stress and boost your wellbeing.

### **Saving Grace**

90 minutes £168

120 minutes £216

**Inviting Sleep:** for reassurance, calm & comfort

90 minutes £168

120 minutes £216

**High Spirits:** for a good night's sleep and promote restfulness

90 minutes £168

120 minutes £216

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**Bright Awakening:** When in need of a boost this treatment blend will lift body & mind promoting strength & energy

90 minutes £168

120 minutes £216

**The Tonic:** For clarity brightening and enlightenment this blend will help you combat feelings of fatigue

90 minutes £168

120 minutes £216

For deeper recovery and muscle/ joint stress relief.

### **TEA & TONIC PREGNANCY TREATMENTS**

Mama's Saving Grace Massage:

*For reassurance, calming & comfort.*

Mama's Inviting Sleep Massage:

*For those looking to induce a good night's sleep and promote restfulness.*

75 minutes £144

Add a 15 min salt scrub, foot ritual or hand & arm ritual for £20

Must be over 12 weeks pregnant

### **FOXHILLS FACE & BODY TREATMENTS**

Signature Spa Indulgence

120 minutes £216

Spa Ritual

80 minutes £144

Top to Toe Treat

50 minutes £90

Indian Head Massage

40 minutes £75

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## **SCRUB & WRAP TREATMENTS**

Rassoul Exfoliation & Body Wrap Ritual  
60 minutes £100

Sensational Salt Scrub  
40 minutes £70

Black Soap Cleansing Ritual  
50 minutes £90

## **THERMAL EXPERIENCES**

DIY Hammam for 1  
45 minutes £30

DIY Hammam for 2  
45 minutes £40

Further your experience by including face mask & scalp treatments for an additional £5

Additional people (up to 4 per booking): £10 per person

## **ELEMIS FACIAL TREATMENTS**

Revitalising Eye Treatment  
20 minutes £48

Express Facial  
30 minutes £72

Men's Urban Cleanse Facial  
35 minutes £75

Pro-Glow Renewal Facial  
45 minutes £96

Pro-Glow Brilliance Facial  
60 minutes £110

Pro-Glow Smooth Facial  
60 minutes £110

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Pro-Glow Resurfacing Facial  
60 minutes £110

Pro-Glow Genius Facial  
75 minutes £130

### **Advanced Results Electrical Facial**

Elemis BIOTEC Brilliance Facial  
60 minutes £110

Elemis BIOTEC Smooth Facial  
60 minutes £110

Elemis BIOTEC Resurfacing Facial  
60 minutes £110

Elemis BIOTEC Genius Facial  
75 minutes £130

### **HOLISTIC & WELL-BEING TREATMENTS**

#### Sports Massage

Sports massage therapy helps alleviate the stress and tension built up in your body's soft tissue during physical activity, due to over excursion or over use of the muscles. It can help prevent niggling injuries, clearing the way to you achieving optimum performance.

30 minutes £75  
45 minutes £96  
60 minutes £120

#### Sports Therapy

A detailed examination, assessment and diagnosis of muscular skeletal injuries & conditions, ranging from postural analysis and body alignment to ligament & muscle testing.

30 minutes £50  
45 minutes £60  
60 minutes £70

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### Acupuncture

Using disposable needles inserted into the skin & underlying tissue, acupuncture works for both therapeutic & preventative purposes.

35 minutes £50

50 minutes £70

80 minutes £100

### Reflexology

This ancient therapy incorporates pressure-point massage to the hands and feet, stimulating them to rebalance corresponding body parts and organs, enabling them to function more effectively.

40 minutes £72

55 minutes £96

### Reiki

Reiki is an extremely gentle but remarkably powerful form of healing.

40 minutes £72

55 minutes £96

### **EXTRA TREATS**

Enhance your Facial, Massage or Body Treatment with:

Super Salt Exfoliation

15 minutes £20

Revitalising Hand and Arm Treatment

15 minutes £20

Thermal Foot Salve Ritual

15 minutes £20

Tea & Tonic Stress Manifestation Guided Breathing

15 minutes £20

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## **NAILS**

Mini Manicure or Pedicure

25 minutes £30

Classic Manicure

50 minutes £50

French Classic Manicure

50 minutes £50

Gel Manicure

50 minutes £50

Gel French Manicure

55 minutes £55

Classic Pedicure

50 minutes £50

French Classic Pedicure

50 minutes £55

Gel Pedicure

55 minutes £55

Gel French Pedicure

55 minutes £65

Gel Soak off (Hands or Feet)

30minutes £30

If you require a soak-off prior to your nail treatment, there will be an additional charge of £5. Please let us know upon booking.

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## **FINISHING TOUCHES**

Spray Tan  
25 minutes £25

Make up  
60 minutes £80

Lash Lift  
60 minutes £60

Eyebrow & Lash Tint  
25 minutes £30

Eyebrow Tint & Wax  
20 minutes £25

Eyebrow Wax  
15 minutes £15

Lip & Chin Wax  
15 minutes £15

Underarm Wax  
15 minutes £15

Standard Bikini Wax  
20 minutes £20

Extended Bikini Wax  
30 minutes £30

Brazilian Bikini Wax  
40 minutes £40

Hollywood Bikini Wax  
45 minutes £50

Half Leg Wax  
30 minutes £30

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Full Leg Wax  
45 minutes £50

Back or Chest Wax  
30 minutes £30

*All tinting requires a 48hr patch test prior to your appointment.*

## **TREATMENT BUNDLES**

Purchase 5 treatments and get your 6th free  
Purchase 10 treatments and get 12

Available for the following treatments:

50 Minute Therapeutic Massages  
45 Minute Hot Stone Akwaterra Massage  
60 Minute Elemis Facials  
80 Minute Foxhills Spa Ritual  
50 Minute Top to Toe Treat  
40 Minute Sensational Salt Scrub

Bespoke treatment bundles also available, enquire Spa Reception.

## **Nail Treatment Bundles**

6 Classic or Gel Manicure Treatments  
£180

12 Classic or GEL Manicure Treatments  
£300

6 Classic or GEL Pedicure Treatments  
£200

12 Classic or GEL Pedicure Treatments  
£324

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## SPA DAY PACKAGES

### **SIMPLY SUNRISE SPA**

Monday - Friday

£150pp

- 10am - 3pm including dining
- Full use of the Spa facilities
- Access to relaxation room
- 35 Minute Therapeutic Massage or 45 Minute Renewal Facial
- DIY Hammam
- £20 allocation towards Lunch or Afternoon Tea

### **SIMPLY SUNSET SPA**

Monday - Friday

£130pp

- 2.30pm - 6.30pm approximately
- Full use of the Spa facilities
- Access to relaxation room
- 35 Minute Therapeutic Massage or 45 Minute Renewal Facial or 40 Minute Sensational Salt Scrub
- £20 allocation towards Lunch or Dinner

### **NATURALLY SPA**

Monday - Friday

£210pp

- Full use of the Spa & Fitness facilities
- Access to relaxation room
- 15 Minute Tea & Tonic Salt Scrub
- 15 Minute Stress manifestation Breath work
- 50 Minute Tea & Tonic Massage
- £20 allocation towards Lunch or Afternoon Tea

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### **ESSENTIALLY SPA**

Monday - Friday

£210pp

- Full use of the Spa facilities
- Optional 1 hour class or use of gym
- Access to relaxation room
- 80 Minute Foxhills Spa Ritual
- DIY Hammam
- £20 allocation towards Lunch or Afternoon Tea

### **QUINTESENTIALLY SPA**

Monday - Friday

£300pp

- Full use of the Spa facilities
- Optional 1 hour class or use of gym
- Access to relaxation room
- 120 minute Foxhills Signature Spa Indulgence
- Gel Manicure
- Gel Pedicure
- £20 allocation towards Lunch
- Your choice of product from La Sultane de Saba Range

### **WELLBEING WEEKEND**

Saturday & Sunday

£300pp

- Full use of the Spa facilities
- Access to relaxation room to include complimentary glass of prosecco
- 15 minute Super Salt Exfoliation
- 35 minute Therapeutic Massage
- 45 minute Elemis Renewal Facial
- Choice of Manicure or Pedicure
- £20 allocation towards Lunch
- Elemis Product gift bag

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## **TEA & TONIC SPA DAY**

Monday - Sunday

£275pp

- Full use of the Spa facilities and relaxation room
- 120 minute Tea & Tonic Massage Ritual please choose from:
  - Saving Grace
  - Inviting Sleep
  - High Spirits, Bright
  - Awakening
  - The Tonic
- Complimentary Tea bags gift box
- £20 allocation towards lunch

## **BESPOKE SPA DAYS**

Please contact us to build your own spa day: [spadays@foxhills.co.uk](mailto:spadays@foxhills.co.uk)

## **MEMBER EXPERIENCE DAYS**

Monday - Friday

£150

- Towel, Robe & Flip Flops provided
- 2X well-being classes (1X dynamic fitness class, 1X holistic class)
- DIY Hammam Experience
- Access to our 7 Thermal Areas & Spa Facilities
- Access to our Relaxation Area & Tranquil Spa Garden
- £20 allocation for Lunch in our XIX restaurant

## **OVERNIGHT SPA BREAK**

### **HEAVENLY HIDEAWAY**

From £320 per room, per night

- 1 Nights Bed & Breakfast, plus £36 dining allocation across the resort
- Choice of 50 Minute Top to Toe Treat or 50 Minute Black Soap Cleansing Ritual
- Full use of Health Spa facilities is included in your stay from 2pm check in and until 11am check out.

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