WINTER TENNIS TIMETABLE

THURSDAY	FRIDAY
18:30 - 19:30 **Table Tennis Club** Open Booking (Main Studio)	19:00 - 20:00 **Table Tennis Club** Open Booking (Box Studio)
19:30 - 21:00 **Table Tennis Club** (Main Studio)	

SATURDAY	SUNDAY
9:30 - 10:30 **Mixed Drills** **L4 & M3** (every other week)	10:30 - 12:00 **Club Mixer**
Saturday 12th December 10:00 - 12:00 **Christmas jumper & hats tournament**	16:00 - 17:00 **Table Tennis** Open Booking (Box Studio)
11:30 - 12:30 **Mixed Drills** **L3 & M2** (every other week)	

Foxhills

Level Guide

The tennis grading system now will go from Level 1 (Beginner) to Level 5 for men and 6 for ladies (Strongest).

Ladies Level 1 - L1 (Beginner/Improvers)
This level is for those players who are new to tennis or have recently taken up the game and are looking to improve their basic skills.

Ladies Level 2 - L2
These players have now been having coaching and coming to regular classes for some time and are now comfortable with playing a game, scoring, doubles positions and basic doubles tactics. They will be playing tennis socially and comfortable with getting their serves in. They may also have been playing in the rusty racket class on a Tuesday.

Ladies Level 3 - L3
These players will be playing and having coaching regularly. Players will be playing in the internal box leagues. The ladies are likely to be playing in the level 4 midweek team and Woking League 3rd Team.

Ladies Level 4 - L4
These players will be playing regular competitive games. The ladies are likely to be playing in the level 3 midweek team and sometimes the Woking League 2nd team.

Ladies Level 5 - L5
These ladies will be playing level 2 in the midweek league and for the 1st team in the Woking League.

Ladies Level 6 - L6
These ladies are the strongest 1st team players. They will previously played to junior county/national level.

Men's Level 1 - M1 (Beginner/improvers)
This level is for those players who are new to tennis and are looking to improve their basic skills.

Men's Level 2 - M2
These players have now been having coaching and coming to regular classes for some time and are now comfortable with playing a game, scoring, doubles positions and basic doubles tactics. They will be playing regular social tennis and internal box league games.

Men's Level 3 - M3
These players will be playing regular competitive games and maybe playing mostly for the men's 3rd team.

Men's Level 4 - M4
These players will be playing regular competitive games and maybe playing mostly for the men's 2nd team.

Men's Level 5 - M5
These players are regularly playing for the 1st Team and are the strongest level at the club. They are likely to have played at county/national level at some point.

Our aim is to provide a fun, welcoming, social environment where you can meet other members of a similar level, improve your tennis skills, fitness and integrate into the club.

If you need to cancel your booking, please call the spa on 01932 704556 or Pavilion on 01932 704461.
If you are unsure of which class to come to, please speak to one of the tennis pros or email racquets@foxhills.co.uk.