

Longcross Course Handicap Table



Instructions



When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

Championship			Medal			Mens - CJ			Womens - CJ			Mens - Front			Womens - Front				
Course Rating : 73.4 Par 72 Slope Rating: 148			Course Rating : 71.8 Par 72 Slope Rating: 144			Course Rating : 70.5 Par 72 Slope Rating: 141			Course Rating : 77 Par 72 Slope Rating: 137			Course Rating : 67.4 Par 68 Slope Rating: 125			Course Rating : 72.8 Par 72 Slope Rating: 129				
Handicap Index ®	to	Course Handicap™	Handicap Index ®	to	Course Handicap™	Handicap Index ®	to	Course Handicap™	Handicap Index ®	to	Course Handicap™	Handicap Index ®	to	Course Handicap™	Handicap Index ®	to	Course Handicap™		
+5.0	to	+4.6	+5	+5.0	to	+5.0	+7	+5.0	to	+4.9	+8	+5.0	to	+4.5	+6	+5.0	to	+4.7	+5
+4.5	to	+3.8	+4	+4.9	to	+4.2	+6	+4.8	to	+4.1	+7	+4.5	to	+3.6	+5	+4.6	to	+3.8	+4
+3.7	to	+3.0	+3	+4.1	to	+3.4	+5	+4.0	to	+3.3	+6	+3.7	to	+2.7	+4	+3.7	to	+2.9	+3
+2.9	to	+2.3	+2	+3.3	to	+2.6	+4	+3.2	to	+2.5	+5	+2.8	to	+1.8	+3	+2.8	to	+2.1	+2
+2.2	to	+1.5	+1	+2.5	to	+1.9	+3	+2.4	to	+1.7	+4	+2.0	to	+1.3	+3	+2.0	to	+1.2	+1
+1.4	to	+0.7	0	+1.8	to	+1.1	+2	+1.6	to	+0.9	+3	+1.2	to	+0.5	+4	+0.8	to	+0.3	0
+0.6	to	0.0	1	+1.0	to	+0.3	+1	+0.8	to	+0.1	+2	+0.4	to	0.4	5	0.1	to	0.9	0
0.1	to	0.8	2	+0.2	to	0.5	0	0.0	to	0.8	+1	0.5	to	1.2	6	1.0	to	1.8	1
0.9	to	1.6	3	0.6	to	1.3	1	0.9	to	1.6	0	1.3	to	2.0	7	1.9	to	2.8	2
1.7	to	2.3	4	1.4	to	2.1	2	1.7	to	2.4	1	2.1	to	2.8	8	2.9	to	3.7	3
2.4	to	3.1	5	2.2	to	2.9	3	2.5	to	3.2	2	2.9	to	3.7	9	3.8	to	4.6	4
3.2	to	3.8	6	3.0	to	3.6	4	3.3	to	4.0	3	3.8	to	4.5	10	4.7	to	5.5	5
3.9	to	4.6	7	3.7	to	4.4	5	4.1	to	4.8	4	4.6	to	5.3	11	5.6	to	6.4	6
4.7	to	5.4	8	4.5	to	5.2	6	4.9	to	5.6	5	5.4	to	6.1	12	6.5	to	7.3	7
5.5	to	6.1	9	5.3	to	6.0	7	5.7	to	6.4	6	6.2	to	7.0	13	7.4	to	8.2	8
6.2	to	6.9	10	6.1	to	6.8	8	6.5	to	7.2	7	7.1	to	7.8	14	8.3	to	9.1	9
7.0	to	7.7	11	6.9	to	7.6	9	7.3	to	8.0	8	7.9	to	8.6	15	9.2	to	10.0	10
7.8	to	8.4	12	7.7	to	8.3	10	8.1	to	8.8	9	8.7	to	9.4	16	10.1	to	10.9	11
8.5	to	9.2	13	8.4	to	9.1	11	8.9	to	9.6	10	9.5	to	10.3	17	11.0	to	11.8	12
9.3	to	10.0	14	9.2	to	9.9	12	9.7	to	10.4	11	10.4	to	11.1	18	11.9	to	12.7	13
10.1	to	10.7	15	10.0	to	10.7	13	10.5	to	11.2	12	11.2	to	11.9	19	12.8	to	13.6	14
10.8	to	11.5	16	10.8	to	11.5	14	11.3	to	12.0	13	12.0	to	12.7	20	13.7	to	14.5	15
11.6	to	12.2	17	11.6	to	12.3	15	12.1	to	12.8	14	12.8	to	13.6	21	14.6	to	15.4	16
12.3	to	13.0	18	12.4	to	13.1	16	12.9	to	13.6	15	13.7	to	14.4	22	15.5	to	16.3	17
13.1	to	13.8	19	13.2	to	13.8	17	13.7	to	14.4	16	14.5	to	15.2	23	16.4	to	17.2	18
13.9	to	14.5	20	13.9	to	14.6	18	14.5	to	15.2	17	15.3	to	16.0	24	17.3	to	18.1	19
14.6	to	15.3	21	14.7	to	15.4	19	15.3	to	16.0	18	16.1	to	16.9	25	18.2	to	19.0	20
15.4	to	16.1	22	15.5	to	16.2	20	16.1	to	16.8	19	17.0	to	17.7	26	19.1	to	19.9	21
16.2	to	16.8	23	16.3	to	17.0	21	16.9	to	17.6	20	17.8	to	18.5	27	20.0	to	20.8	22
16.9	to	17.6	24	17.1	to	17.8	22	17.7	to	18.4	21	18.6	to	19.3	28	20.9	to	21.7	23
17.7	to	18.4	25	17.9	to	18.5	23	18.5	to	19.2	22	19.4	to	20.2	29	21.8	to	22.6	24
18.5	to	19.1	26	18.6	to	19.3	24	19.3	to	20.0	23	20.3	to	21.0	30	22.7	to	23.5	25
19.2	to	19.9	27	19.4	to	20.1	25	20.1	to	20.8	24	21.1	to	21.8	31	23.6	to	24.4	26
20.0	to	20.6	28	20.2	to	20.9	26	20.9	to	21.6	25	21.9	to	22.6	32	24.5	to	25.4	27
20.7	to	21.4	29	21.0	to	21.7	27	21.7	to	22.4	26	22.7	to	23.5	33	25.5	to	26.3	28
21.5	to	22.2	30	21.8	to	22.5	28	22.5	to	23.2	27	23.6	to	24.3	34	26.4	to	27.2	29
22.3	to	22.9	31	22.6	to	23.3	29	23.3	to	24.0	28	24.4	to	25.1	35	27.3	to	28.1	30
23.0	to	23.7	32	23.4	to	24.0	30	24.1	to	24.8	29	25.2	to	25.9	36	28.2	to	29.0	31
23.8	to	24.5	33	24.1	to	24.8	31	24.9	to	25.6	30	26.0	to	26.8	37	29.1	to	29.9	32
24.6	to	25.2	34	24.9	to	25.6	32	25.7	to	26.4	31	26.9	to	27.6	38	30.0	to	30.8	33
25.3	to	26.0	35	25.7	to	26.4	33	26.5	to	27.2	32	27.7	to	28.4	39	30.9	to	31.7	34
26.1	to	26.7	36	26.5	to	27.2	34	27.3	to	28.0	33	28.5	to	29.2	40	31.8	to	32.6	35
26.8	to	27.5	37	27.3	to	28.0	35	28.1	to	28.8	34	29.3	to	30.1	41	32.7	to	33.5	36
27.6	to	28.3	38	28.1	to	28.7	36	28.9	to	29.6	35	30.2	to	30.9	42	33.6	to	34.4	37
28.4	to	29.0	39	28.8	to	29.5	37	29.7	to	30.4	36	31.0	to	31.7	43	34.5	to	35.3	38
29.1	to	29.8	40	29.6	to	30.3	38	30.5	to	31.2	37	31.8	to	32.5	44	35.4	to	36.2	39
29.9	to	30.6	41	30.4	to	31.1	39	31.3	to	32.0	38	32.6	to	33.4	45	36.3	to	37.1	40
30.7	to	31.3	42	31.2	to	31.9	40	32.1	to	32.8	39	33.5	to	34.2	46	37.2	to	38.0	41
31.4	to	32.1	43	32.0	to	32.7	41	32.9	to	33.6	40	34.3	to	35.0	47	38.1	to	38.9	42
32.2	to	32.9	44	32.8	to	33.5	42	33.7	to	34.4	41	35.1	to	35.8	48	39.0	to	39.8	43
33.0	to	33.6	45	33.6	to	34.2	43	34.5	to	35.2	42	35.9	to	36.7	49	39.9	to	40.7	44
33.7	to	34.4	46	34.3	to	35.0	44	35.3	to	36.0	43	36.8	to	37.5	50	40.8	to	41.6	45
34.5	to	35.1	47	35.1	to	35.8	45	36.1	to	36.8	44	37.6	to	38.3	51	41.7	to	42.5	46
35.2	to	35.9	48	35.9	to	36.6	46	36.9	to	37.6	45	38.4	to	39.1	52	42.6	to	43.4	47
36.0	to	36.7	49	36.7	to	37.4	47	37.7	to	38.4	46	39.2	to	40.0	53	43.5	to	44.3	48
36.8	to	37.4	50	37.5	to	38.2	48	38.5	to	39.2	47	40.1	to	40.8	54	44.4	to	45.2	49
37.5	to	38.2	51	38.3	to	39.0	49	39.3	to	40.0	48	40.9	to	41.6	55	45.3	to	46.1	50
38.3	to	39.0	52	39.1	to	39.7	50	40.1	to	40.8	49	41.7	to	42.4	56	46.2	to	47.0	51
39.1	to	39.7	53	39.8	to	40.5	51	40.9	to	41.6	50	42.5	to	43.3	57	47.1	to	48.0	52
39.8	to	40.5	54	40.6	to	41.3	52	41.7	to	42.4	51	43.4	to	44.1	58	48.1	to	48.9	53
40.6	to	41.3	55	41.4	to	42.1	53	42.5	to	43.2	52	44.2	to	44.9	59	49.0	to	49.8	54
41.4	to	42.0	56	42.2	to	42.9	54	43.3	to	44.0	53	45.0	to	45.7	60	49.9	to	50.7	55
42.1	to	42.8	57	43.0	to	43.7	55	44.1	to	44.8	54	45.8	to	46.6	61	50.8	to	51.6	56
42.9	to	43.5	58	43.8	to	44.4	56	44.9	to	45.6	55	46.7	to	47.4	62	51.7	to	52.5	57
43.6	to	44.3	59	44.5	to	45.2	57	45.7	to	46.4	56	47.5	to	48.2	63	52.6	to	53.4	58
44.4	to	45.1	60	45.3	to	46.0	58	46.5	to	47.2	57	48.3	to	49.0	64	53.5	to	54.0	59
45.2	to	45.8	61	46.1	to	46.8	59	47.3	to	48.0	58	49.1	to	49.9	65				
45.9	to	46.6	62	46.9	to	47.6	60	48.1	to	48.8	59	50.0	to	50.7	66				
46.7	to	47.4	63	47.7	to	48.4	61	48.9	to	49.6	60	50.8	to	51.5	67				
47.5	to	48.1	64	48.5	to	49.2	62	49.7	to	50.4	61	51.6	to	52.3	68				
48.2	to	48.9	65	49.3	to	49.9	63	50.5	to	51.2	62	52.4	to	53.2	69				
49.0	to	49.7	66	50.0	to	50.7	64	51.3	to	52.0	63	53.3	to	54.0	70				
49.8	to	50.4	67	50.8	to	51.5	65	52.1	to	52.8	64								
50.5	to	51.2	68	51.6	to	52.3	66	52.9	to	53.6	65								
51.3	to	51.9	69	52.4	to	53.1	67	53.7	to	54.0	66								