



# TIMETABLE 2023

MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
AM	PM	AM	PM	AM	PM	AM	PM
10:00 <b>Ducklings 3</b> With Stacey	12:00 <b>Adult &amp; Babies</b> With Stacey	10:00 <b>Ducklings 1</b> With Nicky	12:15 <b>Adult 1-1</b> With Nicky	10:00 <b>Private 1-1</b> With Lisa P	16:00 <b>Stage 2</b> With Francis	9:30 <b>Ducklings 2</b> With Nicky	12:00 <b>Adult 1-1</b> With Nicky
10:30 <b>Ducklings 2</b> With Stacey	12:30 <b>Adult 1-1</b> With Stacey	10:30 <b>Private 1 -1</b> With Nicky	12:45 <b>Adult 1-1</b> With Nicky	10:30 <b>Ducklings 3</b> With Lisa P	16:30 <b>Stage 3</b> With Francis	10:00 <b>Ducklings 1</b> With Nicky	16:00 <b>Stage 1</b> With Lisa C
11:00 <b>Stage 1</b> With Stacey	16:15 <b>Stage 4</b> With Maxine	11:00 <b>Toddler Ducklings 1</b> With Nicky	15:45 <b>Private 1-1</b> With Maxine	11:00 <b>Ducklings 2</b> With Lisa P	16:45 <b>Stage 1</b> With Louis	10:30 <b>12m - 24m A&amp;C</b> With Nicky	16:00 <b>Private 1-1</b> With Debbie
11:30 <b>Ducklings 3</b> With Stacey	16:45 <b>Stage 2</b> With Louis	11:30 <b>Ducklings 2</b> With Nicky	16:00 <b>Stage 1</b> With Lisa C	11:30 <b>Adult &amp; Child</b> With Lisa P	17:00 <b>Stage 4</b> With Francis	11:00 <b>Stage 1</b> With Nicky	16:15 <b>Stage 1</b> With Francis
	16:45 <b>Private 1-1</b> With Maxine		16:15 <b>Stage 1</b> With Francis		17:15 <b>Private 2-1</b> With Louis		16:30 <b>Stage 3</b> With Lisa C
	17:15 <b>Stage 5</b> With Maxine		16:15 <b>Private 2-1</b> With Maxine		17:30 <b>Stage 5</b> With Francis		16:30 <b>Stage 2</b> With Debbie
	17:15 <b>Stage 4</b> With Louis		16:30 <b>Stage 2</b> With Lisa C		17:45 <b>Junior Masters</b> With Louis		16:45 <b>Stage 2</b> With Francis
	17:45 <b>Stage 7</b> With Maxine		16:45 <b>Stages 2</b> With Francis		18:00 <b>Stage 6</b> With Francis		17:00 <b>Stage 3</b> With Debbie
	17:45 <b>Private 1-1</b> With Louis		16:45 <b>Private 1-1</b> With Maxine		18:30 <b>Adult 1-1</b> With Francis		17:00 <b>Stage 4</b> With Lisa C
			17:00 <b>Stage 4</b> With Lisa C				17:15 <b>Stage 3</b> With Francis
			17:15 <b>Stage 4</b> With Francis				17:30 <b>Stage 5</b> With Lisa C
			17:15 <b>Private 2-1</b> With Maxine				17:30 <b>Private 2-1</b> With Debbie
			17:30 <b>Stage 5</b> With Lisa C				17:45 <b>Stage 5/6</b> With Francis
			17:45 <b>Private 2-1</b> With Francis				18:00 <b>Stage 5</b> With Lisa C
			17:45 <b>Private 1-1</b> With Maxine				18:15 <b>Private 1-1</b> With Francis
			18:00 <b>Stage 6</b> With Lisa C				
			18:15 <b>Private 1-1</b> With Francis				
			18:15 <b>Private 2-1</b> With Maxine				
			18:45 <b>Private 1-1</b> With Maxine				

FRIDAY		SATURDAY		SUNDAY	
AM	PM	AM	PM	AM	PM
10:00 Stage 1 With Lisa P	15:45 <b>Ducklings 3</b> With Roz	09:00 <b>Ducklings 2</b> With Crystal	12:00 <b>Stage 3</b> With Maxine	09:00 Ducklings 4 With Roz	
10:30 <b>Ducklings 3</b> With Lisa P	16:15 <b>Stage 2</b> With Roz	09:15 <b>Stage 3</b> With Maxine	12:15 <b>Stage 3</b> With Suzanne	09:30 <b>Stage 2/3</b> With Roz	
11:00 <b>Ducklings 3</b> With Lisa P	16:30 <b>Stage 1</b> With Louis	09:30 <b>Ducklings 3</b> With Crystal	12:30 <b>Stage 2</b> With Maxine	10:00 <b>Stage 1</b> With Roz	
11:30 <b>Ducklings 2</b> With Lisa P	16:45 <b>Stage 3</b> With Roz	09:45 <b>Stage 5</b> With Maxine	12:45 <b>Stage 5</b> With Suzanne	10:30 <b>Ducklings 4</b> With Roz	
	17:00 <b>Stage 3</b> With Louis	10:00 <b>Ducklings 3</b> With Crystal	13:00 <b>Stage 3</b> With Maxine	11:00 12 - 24m A&C With Roz	
	17:15 <b>Stage 7</b> With Roz	10:15 <b>Stage 1</b> With Suzanne	13:15 <b>Stage 3</b> With Suzanne		
	17:30 <b>Stage 4</b> With Louis	10:15 <b>Stage 4</b> With Maxine	13:30 <b>Stage 1</b> With Maxine		
	17:45 <b>Private 2-1</b> With Roz	10:30 <b>3- 12m A &amp; C</b> With Crystal	13:30 <b>Stage 1</b> With Debbie		
		10:45 <b>Stage 1</b> With Suzanne	14:00 <b>Private 1-1</b> With Maxine		
		10:45 <b>Stage 5</b> With Maxine	14:00 <b>Private 1-1</b> With Debbie		
		11:00 <b>Ducklings 4</b> With Crystal	14:30 <b>Private 1-1</b> With Debbie		
		11:15 <b>Stage 4</b> With Suzanne	15:00 <b>Private 2-1</b> With Debbie		
		11:15 <b>Stage 1</b> With Maxine	15:30 <b>Private 1-1</b> With Debbie		
		11:30 <b>Ducklings 3</b> With Crystal	16:00 <b>Private 1-1</b> With Debbie		
		11:45 <b>Stage 5</b> With Suzanne	16:30 <b>Private 1-1</b> With Debbie		

### Members guide to ages:

Babies - 12m

Toddlers - 18m

Paddleducks - 24m (No prior swimming)

Ducklings 1- 4 (Pre-school programme)

Stage 1 starts with beginners/non swimmers and as you learn/improve, you progress through to stage 7

Children 3yrs + group lessons x12 = £180

Children 0-2yrs group lessons x12 = £156

Private 1-1 lessons 30 minutes x12 = £480

LIMITED PRIVATE 1-1 SESSSIONS AVAILABLE

### KEY

 LIMITED SPACES AVAILABLE

 FULL (WAITING LIST)

For bookings or more info, email [swimming@foxhills.co.uk](mailto:swimming@foxhills.co.uk)

PAVILION

Foxhills 