

BREAKFAST		SERVED
MENL	J	FROM 7AM UNTIL NOON

Brioche Bap Choice of bacon (736 kcal), sausage (666 kcal) or free range egg (585 kcal)	£5.50 / £4.68
Greek yogurt & granola (246 kcal) (v)	<b>£6.00</b> / £5.10
Full English breakfast (1,789 kcal) Pork sausage, bacon, grilled tomato, flat mushroom, hash brown, baked beans and two free range eggs any style and a choice of white, brown or gluten-free toast	£14.00 / £11.90
Vegetarian breakfast (1,463 kcal) (v) Veggie sausage, plum tomato, roasted mushrooms, baked beans, hash brown, roasted red pepper, halloumi <u>ADD</u> : Half an avocado (ve) (170 kcal) £3.00 / £2.55	£13.00 / £11.00
Three-egg omelette (740 kcal) (v) Your choice of two fillings - ham, cheese, mushrooms, tomatoes, onion and peppers Extra fillings charged at £1.00 each	£10.00 / £8.50
Eggs with avocado on toast (377 kcal) (v) Two poached eggs with freshly smashed avocado on sourdough toast	£11.00 / £9.35
<b>Eggs benedict (516 kcal)</b> Two poached eggs with cured ham & hollandaise sauce on a toasted English muffin	£9.50 / £8.08
<b>Eggs royale (521 kcal)</b> Two poached eggs with smoked salmon & hollandaise sauce on a toasted English muffin	£12.00 / £10.20
Mushroom, avocado & tomatoes on toast (499 kcal) (ve) Sliced flat mushrooms & pan roasted cherry tomatoes served with avocado & sourdough toast <u>ADD</u> : Crispy bacon (262 kcal) £3.00 / £2.55	£10.00 / £8.50
<b>Eggs on toast (523 kcal)</b> Two free range eggs of your choice served on white, granary or gluten-free toast	£8.50 / £7.23
Smoked salmon & scrambled eggs on toast (1,209 kcal) Peashoots and lemon Upgrade to sourdough £1.00	£13.00 / £11.05
White, granary or gluten-free toast (347 kcal) Butter & preserve of your choice Upgrade to sourdough £1.00	£3.00 / £2.55
Please choose from Tiptree preserves (78 kcal) Strawberry, blackcurrant, honey or marmalade	<b>£1 each / 8</b> 5p
Pancakes (359 kcal) (ve) Fresh berries & maple syrup	£8.00 / £6.80
Porridge (246 kcal) (GF) Fresh berries & cinnamon Add honey for £1.00	£5.50 / £4.68

#### Add to your breakfast:

2 slices of bacon £3.00 (262 kcal) | Sausage £2.50 (119 kcal) Avocado £3.00 (ve) (170 kcal) | Smoked salmon £8.00 (110 kcal)

Non Member Price / Member Price Members receive 15% discount on presentation of their membership card. Some of the dishes on the menu may contain food allergens. Please check our allergen information every time you eat with us as some ingredients may have changed since your last visit. Should yourequire further information regarding ingredients in a specific dish, please ask a member of the team. Adults need around 2,000 Kcal per day.

### LIGHT BITES

#### 8.75 / 7.44

Mozzarella sticks, sweet chilli sauce (v) (750 kcal)

Southern fried chicken strips, sweet chilli sauce (555 kcal)

Falafel bites, tzatziki (v) (509 kcal)

Salt & pepper squid, Frank's Hot Sauce (360 kcal)		
BBQ chicken wings, Frank's Hot Sauce (787 kcal)		
Breaded butterfly prawns, sweet chilli sauce (639 kcal)		
TRIO OF LIGHT BITES 23.50 / 19.98		
LIGHT DISHES		

Pasta Arrabiata, tomato sauce with c	:hillies
and flat leaf parsley (ve) (df) (642 kcal)	10.00 / 8.50
ADD: Cajun spiced chicken (df) (332 kcal) Roasted Salmon (df) (363 kcal)	<b>6.00</b> / 5.10 <b>10.00</b> / 8.50
Halloumi (v) (434 kcal)	5.50 / 4.68
<b>Soup of the day</b> , homemade soup with sourdough bread (ve) (606 kcal)	<b>6.00</b> / 5.10
<b>Thai fishcakes</b> , Asian slaw and sweet chilli (261 kcal)	12.50 / 10.63
Nachos, melted cheese, guacamole sour cream and tomato salsa (v) (gf) (926 kcal)	, 8.50 / 7.23
Houmous & flat bread, chilli oil (v) (660 kcal)	7.50 / 6.38
Smoked salmon, prawn & avocado s	alad,
Marie Rose and rocket (449 kcal)	17.00 / 14.45

# TRADITIONAL SANDWICHES

Served on white, granary, or gluten-free bread with crisps and a salad garnish

Ham & cheese (792 kcal) Chicken, lettuce, tomato & mayo (766 kcal) Cheese & Branston pickle (v) (887 kcal) Egg & cress (v) (923 kcal)

8.50 / 7.23

## SALADS

# 12.50/10.63

Caesar salad, Anchovies, parmesan, croutons and baby gem leaves (ve) (495 kcal)

Superfood salad, lentils, avocado, cucumber, spinach, pomegranate, rocket with balsamic and garlic dressing (ve) (gf) (750 kcal)

ADD: Cajun spiced chicken (df) (332 kcal)	<b>6.00</b> / 5.10
Roasted salmon (df) (363 kcal)	10.00 / 8.50
Halloumi (v) (434 kcal)	5.50 / 4.68

# SERVED FROM NOON UNTIL 8.30PM

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Roasted fillet of seabream, crushed new potatoes, green beans, tomato & lemon vierge (gf) (850 kcal)
<b>Chicken masala</b> , basmati rice, naan bread and raita (849 kcal)
Paneer masala, basmati rice, naan bread and raita (v) (836 kcal)
Wild mushroom & pea risotto, crispy shallots, dressed rocket (v) (gf) (859 kcal)
Ham, egg & chips, two slices of thick cut ham, two fried eggs, chips and rocket (844 kcal)
<b>Chicken fricassee</b> , mushroom, broad beans, pancetta fricassee, chicken sauce (750 kcal)
Lentil, red kidney bean & pepper chilli, basmati rice, jalapenos (ve) (gf) (1,106 kcal)
Ribeye steak (8oz), fries, mushrooms, tomato
and dressed rocket (gf) (1,508 kcal)
ADD: Peppercorn sauce (319 kcal) Garlic butter (383 kcal)

# BURGERS

XIX Burger, two 4oz beef patties, horseradish mayo, red onion jam, tomato, rocket, crispy shallots, smoked cheese and fries (2,015 kcal) 18.00 / 15.30

Below burgers served on brioche bun with fries, burger sauce, tomato, baby gem lettuce, gherkin and onion:

Moroccan burger (v) (can be made VE) (1,251 kcal)		
Cajun spiced chicken burger (1,563 kcal)		
Spicy crispy chicken burger (1,561 kcal)		
ADD:	Smoked Cheddar cheese (v) (172 kcal) Two slices smoked streaky bacon (262 kcal)	
	Half avocado (ve) (170 kcal)	
	Halloumi (v) (434 kcal)	

23.50 / 19.98	
<b>16.00 /</b> 13.60	
<b>15.00 /</b> 12.75	
14.00 / 11.90	
<b>14.50 /</b> 12.33	
20.00 / 17.00	

13.50 / 11.48

30.00 / 25.50

15.50 / 13.18

16.00 / 13.60

15.00 / 12.75

1.75 / 1.49

3.00 / 2.55

3.00 / 2.55

5.50 / 4.68

2.50 / 2.13

2.50 / 2.13

House salad (ve) (qf) (193 kcal) **Basmati rice** (ve) (gf) (355 kcal) Garlic ciabatta (v) (517 kcal)

Fries (v) (651 kcal)

**Green beans** (v) (qf)

(108 kcal)

4.75 / 4.04

# HOT SANDWICHES

#### ALL SERVED WITH FRIES

Classic club Triple layered sandwich of egg mayo, bacon, sliced chicken, tomato, gem lettuce (1,236 kcal) 15.00 / 12.75

Southern fried chicken wrap Southern fried chicken strips, gem lettuce, tomato, red onion, sweet chilli (1,026 kcal) 12.50 / 10.63

#### Steak & red onion jam ciabatta

Chargrilled steak, tomato, red onion jam, rocket (1,026 kcal)

16.00 / 13.60

#### GYROS SERVED WITH DRESSED ROCKET & CRISPS Falafel gyros

Falafel, gem lettuce, roasted red pepper, houmous and fries rolled in a flat bread (v) (972 kcal)

#### 14.00 / 11.90

#### Florin's avros

Cajun spiced chicken, tomato, red onion, tzatziki, oregano and fries rolled in a flat bread (941 kcal)

12.50 / 10.63

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10% service charge is included on the bill.

(v) vegetarian (ve) vegan (qf) gluten free (df) dairy free Adults need around 2.000 kcal per day

# DESSERTS

#### Sticky toffee pudding

Butterscotch sauce and vanilla ice cream (v) (qf) (566 kcal)

#### Chocolate brownie

Vanilla ice cream and chocolate sauce (v) (qf) (678 kcal)

White chocolate & raspberry cheesecake Raspberry coulis & raspberries (499 kcal)

#### Jude's ice cream (89 kcal)

Choice of vanilla (v), strawberries & cream (v), chocolate (v), salted caramel (v), vegan strawberry (ve), vegan salted caramel (ve), vegan vanilla (ve), vegan honeycomb (ve)

Per scoop 3.00 / 2.55

# MANOR HOUSE DINING

#### AFTERNOON TEA

Embrace the charm of our 19th-century Manor House as you're treated to a quintessential British tradition. Choose from a selection of seasonal finger sandwiches, accompanied by a curated array of teas. Savor the freshness of our fresh scones, cakes & sweet treats, lovingly prepared for your enjoyment.

Member (Mon-Thurs): Member (Fri-Sun): Visitor (Mon-Thurs): Visitor (Fri-Sun): Children's afternoon tea

£25.50 adult £29.75 adult £30 adult £35 adult £15.30 member £18 visitor

#### SUNDAY CARVERY

Monthly

Enjoy the delightful surroundings of The Fox dining rooms for an exceptional three-course Sunday roast with all the trimmings. The perfect occasion to bring together the whole family.

View upcoming dates at www.foxhills.co.uk/dine

Member: Visitor:

£34 adult / £19.13 child £40 adult / £22.50 child

Date night? Special occasion? Meal out? Enjoy two AA Rosette cuisine in The Fox dining rooms (open daily from 6pm)

To book, please visit www.foxhills.co.uk/dine

Served daily from 1pm

9.00 / 7.65