ADULT ACTIVITY TIMETABLE

From the 15th April 2024

MONDAY			
AM	PM		
10:00 - 12:00 Art Club With Billie	19:05 - 20:05 Jazz Dance With Kelly		
	19:00 - 22:00 Bridge Club		

TUESDAY				
AM	PM			
10:30 - 12:00 Mixed Media Art With Billie	13:30 - 15:30 Watercolour Painting With Michele			

WEDNESDAY			
AM	PM		
10:00 - 12:00 Leisure Cycle Ride With Simon	19:00 - 20:30 Realistic Artistry With Elise		
Meet outside XIX) 10:30 - 12:30 Open Studio	19:00 - 20:30 Business Networking Event (First Wednesday of every month)		
	19:30 - 21:00		

Table Tennis Club

THURSDAY				
AM	PM			
10:30 - 12:30 Diverse Art Techniques With Michele	18:00 - 19:00 Running Club With Kat			
	19:00 - 19:45 Adult Swim Fit With Francis			
	19:00 - 21:00 Book Club (First Thursday of every month)			

FRIC	DAY	SATURDAY		SUN	SUNDAY	
AM	PM	AM	PM	AM	PM	
		9:00 - 10:00 Running Club With Kat (Meet at Pavilion Reception)	14:00 - 16:00 Watercolour Painting With Michele	8:30 - 10:30 Cycling Club (Meet outside XIX)		
	_	10:00 - 12:00 Open Studio				
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ALL SESSIONS CAN BE BOOKED ONLINE 48 HOURS IN ADVANCE

EMBROIDERY WORKSHOPS All in The Art Studio



Friday 26th April, 10am - 1pm

Members: £45 Guests: £50 (Book at the Pavilion reception)

Art Club - A beginners' art club learning step-by-step how to use simple shapes to produce a beautiful picture each session.

Realistic Artistry - Learn the basics of realism by exploring the techniques and media of a range of artists. Gain confidence and learn to capture the likeness of people, animals and more.

Running Club - A group run around our woodlands, led by Captain Kat. All abilities are welcome, please ensure you book online in advance for updates as this session is weather dependent. Contact fitness@foxhills. co.uk to find out more.

Mixed Media Art - Classes are all about letting go of fear, quietening the mind and trying something new. We create projects that develop in different mediums and surprising ways, from painting to printmaking, pottery to wire sculpture. All abilities are welcome.

Diverse Art Techniques - Get creative with these hands-on sessions where Michele will guide you through energetic, large-scale projects with a focus on having fun in these hands on, workshop style sessions

Book Club - A relaxed and sociable club for bookworms. Meet on the first Thursday of the month to discuss the latest book over a glass of wine. Contact pavilion@foxhills.co.uk to register your interest and find

Leisure Cycle Ride - Meet on a Wednesday morning at 10am, outside XIX, and ride for approximately two hours around the local area. A mechanically sound road bicycle, a helmet and appropriate clothing are essential. Contact fitness@foxhills.co.uk to find out more.

Jazz Dance - Suitable for beginners to intermediate level dancers, learning steps to build to a routine. A social dance class full of fun.

FOREST BATHING

Friday 31st May, 10am - 12pm Saturday 15th June, 10am - 12pm Saturday 6th July, 10am - 12pm



Please book online, further information will be sent via email once booked.

Watercolour Painting - Explore watercolour painting in a friendly and encouraging environment. Suitable for beginners and seasoned artists, develop your watercolour skills through different techniques each week, while drawing inspiration from your surroundings at Foxhills

Table Tennis - Our member-led table tennis club meet on Wednesday evenings in The Pavilion's tudios. Meet like-minded members and enjoy sociable table tennis tournaments.

Open Studio - Come and enjoy a sociable and creative morning in our Art Studio. The Studio will be open for you to meet friends, or have some time to yourself to work on your own projects and make the most of our beautiful surroundings.

Adult Swim Fit - Water based training for all levels. Come and get fitter and faster in the pool with our expert swim instructor to help you achieve your goals. Book online or email pavilion@foxhills.co.uk

Business Networking Event - A member led event, as members come together from a wide range of sectors and industries, to meet and connect with each other, over a complimentary drink. The event will take place on the first Wednesday of each month from 7pm (excluding January 2024).

Cycling Club - Our member-led Cycling Club meet on a Sunday morning at 8:30am and ride for approximately 2 hours, taking in the sights of Windsor and Eton, as well as views of London from the Surrey Hills. A mechanically sound bicycle, a helmet and a reasonable level of fitness are essential. Contact fitness@foxhills.co.uk to find out more.

