

# ADULT ACTIVITY TIMETABLE

From 1st August 2025

MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
AM	PM	AM	PM	AM	PM	AM	PM
10:00 - 12:00 <b>Art Club</b> With Billie	19:05 - 20:05 <b>Jazz Dance</b> With Kelly  19:00 - 22:00 <b>Bridge Club</b>	10:15 - 12:15 <b>Mixed Media Art Club</b> With Billie	13:30 - 15:30 <b>Watercolour Painting</b> With Michele	10:00 - 12:00 <b>Leisure Cycle Ride</b> With Simon <i>(Meet outside XIX)</i>  10:30 - 12:00 <b>Calligraphy</b> With Michele	13:00 - 14:00 <b>Beginner Spanish Club</b> <i>(Find further details below)</i>  14:15 - 15:15 <b>Intermediate/Advanced Spanish Club</b> <i>(Find further details below)</i>  19:00 - 20:30 <b>Realistic Artistry</b> With Michele  19:30 - 21:00 <b>Table Tennis Club</b>	10:30 - 12:30 <b>Diverse Art Techniques</b> With Michele	19:00 - 19:45 <b>Adult Swim Fit</b> With Francis  19:00 - 21:00 <b>Book Club</b> <i>(First Thursday of every month)</i>
FRIDAY		SATURDAY		SUNDAY			
AM	PM	AM	PM	AM	PM		
10:30 - 12:00 <b>Print, Paint and Collage</b> With Annabel		9:00 - 10:00 <b>Running Club</b> With Kat <i>(Meet at Pavilion Reception)</i>	13:00 - 15:00 <b>Watercolour Painting</b> With Michele	8:30 - 10:30 <b>Cycling Club</b> <i>(Meet outside XIX)</i>			

ALL SESSIONS CAN BE BOOKED ONLINE  
48 HOURS IN ADVANCE

**Art Club** - A beginners' art club learning step-by-step how to use simple shapes to produce a beautiful picture each session.

**Realistic Artistry** - Learn the basics of realism by exploring the techniques and media of a range of artists. Gain confidence and learn to capture the likeness of people, animals and more.

**Running Club** - A group run around our woodlands, led by Captain Kat. All abilities are welcome, please ensure you book online in advance for updates as this session is weather dependent. Contact [pavilion@foxhills.co.uk](mailto:pavilion@foxhills.co.uk) to find out more.

**Mixed Media Art Club** - Mixed Media Art classes are about trying something new. Learn new skills across a range of mediums from acrylics to charcoal, pastels to inks and watercolour. All abilities are welcome.

**Diverse Art Techniques** - Get creative with these hands-on sessions where Michele will guide you through energetic, large-scale projects with a focus on having fun in these hands on, workshop style sessions

**Book Club** - A relaxed and sociable club for bookworms. Meet on the first Thursday of the month to discuss the latest book over a glass of wine. Contact [pavilion@foxhills.co.uk](mailto:pavilion@foxhills.co.uk) to register your interest and find out more.

**Leisure Cycle Ride** - Meet on a Wednesday morning at 10am, outside XIX, and ride for approximately two hours around the local area. A mechanically sound road bicycle, a helmet and appropriate clothing are essential. Contact [fitness@foxhills.co.uk](mailto:fitness@foxhills.co.uk) to find out more.

**Beginner Spanish Club\*** - Join Fernando for a fun and engaging introduction to Spanish conversation for beginners! You'll learn to introduce yourself, discuss daily activities, and handle basic conversations in various settings. The 9-week course builds on previous sessions, so attending the first class is essential for consistency.

**Intermediate/Advanced Spanish Club\*** - Join Fernando for a fun and engaging Spanish conversation class for intermediate learners! You'll build on your existing skills to improve fluency, refine pronunciation, and engage in more complex discussions on a wide range of topics. The 9-week course builds on previous sessions, so attending the first class is essential for consistency.

**Jazz Dance** - Suitable for beginners to intermediate level dancers, learning steps to build to a routine. A social dance class full of fun.

**Calligraphy** - Immerse yourself in the wonderful world of calligraphy, learning new techniques step by step. This class is suitable for beginners and all materials are provided.

\*Please contact the Pavilion at [pavilion@foxhills.co.uk](mailto:pavilion@foxhills.co.uk) to join or be placed on the waiting list for our Spanish Clubs.

**Watercolour Painting** - Explore watercolour painting in a friendly and encouraging environment. Suitable for beginners and seasoned artists, develop your watercolour skills through different techniques each week, while drawing inspiration from your surroundings at Foxhills

**Table Tennis** - Our member-led table tennis club meet on Wednesday evenings in The Pavilion Box Studio. Meet like-minded members and enjoy sociable table tennis tournaments.

**Open Studio** - Come and enjoy a sociable and creative morning in our Art Studio. The Studio will be open for you to meet friends, or have some time to yourself to work on your own projects and make the most of our beautiful surroundings.

**Adult Swim Fit** - Water based training for all levels. Come and get fitter and faster in the outdoor Pavilion pool with our expert swim instructor to help you achieve your goals. Book online or email [pavilion@foxhills.co.uk](mailto:pavilion@foxhills.co.uk)

**Cycling Club** - Our Cycling Club, led by Captain Simon, meet on a Sunday morning at 8:30am and ride for approximately 2 hours, taking in the sights of Windsor and Eton, as well as views of London from the Surrey Hills. A mechanically sound bicycle, a helmet and a reasonable level of fitness are essential. Contact [fitness@foxhills.co.uk](mailto:fitness@foxhills.co.uk) to find out more.

**Print, Paint and Collage** - A beginners' guide to get you started with print, paint and collage. From lino and screen print to contemporary painting, learn how to use different tools and connect with your creativity to create expressive and exciting art.

## UPCOMING WORKSHOPS

Embroidery Workshops: Members £35 | Guests £40  
Friday 19th September, 1-3pm, Art Studio

Autumn Wreath Making: Members £45 | Guests £50  
Thursday 25th September, 6:30-8:30pm, Art Studio

Intro to Oil Painting Workshop: £90 *(for the two part course)*  
Monday 6th October & Monday 13th October, 1-4pm