



# TIMETABLE 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
AM	PM	AM	PM	AM	PM	AM	PM
09:30 <b>Private 2:2:1</b> With Stacey	12:00 <b>Adult &amp; Toddler</b> With Stacey	10:00 <b>Ducklings 1</b> With Nicky	15:45 <b>Private 1-1</b> With Francis	09:00 <b>Adult 1-1</b> With Roz	12:00 <b>Adult 1-1</b> With Roz	09:30 <b>Ducklings 2</b> With Nicky	12:00 <b>Private 1-1</b> With Nicky
10:00 <b>Ducklings 3</b> With Stacey	12:30 <b>Adult 1-1</b> With Stacey	10:30 <b>Adult &amp; Baby</b> With Nicky	16:00 <b>Stage 2</b> With Juliette	09:30 <b>Adult 1-1</b> With Roz	12:00 <b>Ducklings 1</b> With Lisa P	10:00 <b>Ducklings 1</b> With Nicky	15:30 <b>Private 1-1</b> With Juliette
10:30 <b>Ducklings 2</b> With Stacey	13:00 <b>Adult 1-1</b> With Stacey	11:00 <b>Toddler Ducklings 2</b> With Nicky	16:15 <b>Stage 1</b> With Francis	10:00 <b>Private 1-1</b> With Lisa P	15:30 <b>Private 1-1</b> With Francis	10:30 <b>Ducklings 3</b> With Nicky	15:45 <b>Adult 1-1</b> With Debbie
11:00 <b>Stage 1</b> With Stacey	16:00 <b>Private 1-1</b> With Karen	11:30 <b>Ducklings 2</b> With Nicky	16:30 <b>Stage 3</b> With Juliette	10:00 <b>Adult 1-1</b> With Roz	15:45 <b>Private 1-1</b> With Isla	11:00 <b>Private 1-1</b> With Nicky	16:00 <b>Stage 1</b> With Juliette
11:30 <b>Ducklings 3</b> With Stacey	16:15 <b>Stage 4</b> With Maxine		16:45 <b>Stages 2</b> With Francis	10:30 <b>Ducklings 4</b> With Lisa P	16:00 <b>Private 1-1</b> With Francis	11:30 <b>Adult &amp; Baby 4m+</b> With Nicky	16:15 <b>Stage 1</b> With Francis
	16:30 <b>Stages 1</b> With Karen		17:00 <b>Stage 4</b> With Juliette	10:30 <b>Adult 1-1</b> With Roz	16:15 <b>Stage 1</b> With Isla		16:15 <b>Stage 1</b> With Debbie
	16:45 <b>Stage 2</b> With Maxine		17:15 <b>Stage 4</b> With Francis	11:00 <b>Ducklings 2</b> With Lisa P	16:30 <b>Stage 3</b> With Francis		16:30 <b>Stage 3</b> With Juliette
	17:00 <b>Stage 3</b> With Karen		17:30 <b>Stage 5</b> With Juliette	11:00 <b>Adult 1-1</b> With Roz	16:45 <b>Stage 3</b> With Isla		16:45 <b>Stage 2</b> With Debbie
	17:15 <b>Stage 6</b> With Maxine		17:45 <b>Private 2-1</b> With Francis	11:30 <b>Adult &amp; Child</b> With Lisa P	17:00 <b>Stage 4</b> With Francis		16:45 <b>Stage 2</b> With Francis
	17:30 <b>Private 1-1</b> With Karen		18:00 <b>Stages 6</b> With Juliette	11:30 <b>Adult 1-1</b> With Roz	17:15 <b>Private 2-1</b> With Isla		17:00 <b>Stage 4</b> With Juliette
	17:45 <b>Stage 7</b> With Maxine		18:30 <b>Junior Squad</b> With Juliette		17:30 <b>Stage 5</b> With Francis		17:15 <b>Stage 4</b> With Francis
					18:00 <b>Stage 7</b> With Francis		17:15 <b>Stage 4</b> With Debbie
					18:30 <b>Adult 1-1</b> With Francis		17:30 <b>Stage 5</b> With Juliette
							17:45 <b>Stage 5</b> With Francis
							18:00 <b>Stage 6</b> With Juliette
							18:15 <b>Private 1-1</b> With Francis

FRIDAY		SATURDAY		SUNDAY	
AM	PM	AM	PM	AM	PM
09:30 Private 1-1 With Lisa P	12:00 Ducklings 3 With Lisa P	09:00 Ducklings 3 With Crystal	12:00 Private 1-1 With Maxine	08:45 Ducklings 3 With Roz	
10:00 Ducklings 4 With Lisa P	15:30 Private 1-1 With Karen	09:15 Ducklings 3 With Katie	12:15 Stage 2 With Suzanne	08:45 Private 1-1 With Laura	
10:30 Adult & Child With Lisa P	15:45 Stages 1 With Roz	09:15 Private 1-1 With Maxine	12:30 Stage 3 With Maxine	09:15 Stage 2 With Roz	
11:00 Ducklings 3 With Lisa P	16:00 Stage 1 With Karen	09:30 Ducklings 3 With Crystal	12:45 Stage 6 With Suzanne	09:15 Private 1-1 With Laura	
11:30 Private 1-1 With Lisa P	16:15 Stages 2 With Roz	09:45 Stage 5 With Maxine	13:00 Private 1-1 With Maxine	09:45 Stage 3 With Roz	
	16:30 Stage 3 With Karen	09:45 Stage 1 With Katie	13:15 Stage 3 With Suzanne	09:45 Stage 1 With Laura	
	16:45 Stage 3 With Roz	10:00 Adult & Toddler 9-24m With Crystal	13:30 Stage 2 With Debbie	10:15 Stage 2 With Roz	
	17:00 Stage 4 With Karen	10:15 Stage 3 With Suzanne	14:00 Private 1-1 With Debbie	10:15 Private 2-1 With Laura	
	17:15 Stage 5 With Roz	10:15 Stage 4 With Maxine	14:30 Private 2-1 With Debbie	10:45 Stage 1 With Roz	
	17:30 Stage 5 With Karen	10:15 Stage 1 With Katie	15:00 Private 1-1 With Debbie	10:45 Private 1-1 With Laura	
	17:45 Stage 7 With Roz	10:30 Adult & Toddler 12 - 24m With Crystal	15:30 Private 1-1 With Debbie	11:15 Adult & Toddler 12 - 24m With Roz	
	17:45 Private 2-1 With Roz	10:45 Stage 3 With Suzanne		11:15 Private 1-1 With Laura	
	18:00 Private 1-1 With Karen	10:45 Stage 4 With Maxine		11:45 Private 1-1 With Laura	
	18:30 Private 1-1 With Karen	10:45 Stage 1 With Katie			
		11:00 Ducklings 4 With Crystal			
		11:15 Stage 1 With Suzanne			
		11:15 Stage 2 With Maxine			
		11:30 Ducklings 3 With Crystal			
		11:45 Stage 6 With Suzanne			

### Members guide to ages:

Babies - 12m

Toddlers - 18m

Paddleducks - 24m (No prior swimming)

Ducklings 1-4 (Pre-school programme)

Stage 1 starts with beginners/non swimmers and as you learn/improve, you progress through to stage 7

Children 3yrs + group lessons x10 = £150

Children 0-2yrs group lessons x10 = £130

Private 1-1 lessons 30 minutes x10 = £300

Private 2-2 lessons 30 minutes x10 = £450

### KEY

LIMITED SPACES AVAILABLE

FULL (WAITING LIST)

LIMITED PRIVATE 1-1 SESSIONS AVAILABLE

For bookings or more info, email [swimming@foxhills.co.uk](mailto:swimming@foxhills.co.uk)

PAVILION

Foxhills 