



# TIMETABLE 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
AM	PM	AM	PM	AM	PM	AM	PM
9:30 <b>Private 2:2:1</b> With Stacey	12:00 <b>Adult &amp; Toddler</b> With Stacey	10:00 <b>Ducklings 1</b> With Nicky	12:15 <b>Adult 1-1</b> With Nicky	10:00 <b>Private 1-1</b> With Lisa P	15:45 <b>Private 1-1</b> With Isla	9:30 <b>Ducklings 2</b> With Nicky	12:00 <b>Private 1-1</b> With Nicky
10:00 <b>Ducklings 3</b> With Stacey	12:30 <b>Adult 1-1</b> With Stacey	10:30 <b>Adult &amp; Baby</b> With Nicky	15:45 <b>Private 1-1</b> With Maxine	10:30 <b>Ducklings 3</b> With Lisa P	16:00 <b>Stage 2</b> With Francis	10:00 <b>Ducklings 1</b> With Nicky	15:45 <b>Private 1-1</b> With Debbie
10:30 <b>Ducklings 2</b> With Stacey	16:15 <b>Stage 3</b> With Maxine	11:00 <b>Toddler Ducklings 2</b> With Nicky	15:45 <b>Private 1-1</b> With Francis	11:00 <b>Ducklings 2</b> With Lisa P	16:15 <b>Stage 1</b> With Isla	10:30 <b>Adult &amp; Child</b> With Nicky	16:00 <b>Stage 1</b> With Lisa C
11:00 <b>Stage 1</b> With Stacey	16:45 <b>Stage 2</b> With Maxine	11:30 <b>Ducklings 2</b> With Nicky	16:00 <b>Stage 2</b> With Lisa C	11:30 <b>Adult &amp; Child</b> With Lisa P	16:30 <b>Stage 3</b> With Francis	11:00 <b>Stage 1</b> With Nicky	16:15 <b>Stage 1</b> With Francis
11:30 <b>Ducklings 3</b> With Stacey	17:15 <b>Stage 5</b> With Maxine		16:15 <b>Stage 1</b> With Francis		16:45 <b>Stage 2</b> With Isla	11:30 <b>Private 2-1</b> With Nicky	16:15 <b>Stage 1</b> With Debbie
	17:45 <b>Stage 7</b> With Maxine		16:15 <b>Private 2-1</b> With Maxine		17:00 <b>Stage 4</b> With Francis		16:30 <b>Stage 3</b> With Lisa C
			16:30 <b>Stage 2</b> With Lisa C		17:15 <b>Private 2-1</b> With Isla		16:45 <b>Stage 2</b> With Debbie
			16:45 <b>Stages 2</b> With Francis		17:30 <b>Stage 5</b> With Francis		16:45 <b>Stage 2</b> With Francis
			16:45 <b>Private 1-1</b> With Maxine		17:45 <b>Private 2 - 1</b> With Isla		17:00 <b>Stage 4</b> With Lisa C
			17:00 <b>Stage 4</b> With Lisa C		18:00 <b>Stage 6/7</b> With Francis		17:15 <b>Stage 3</b> With Francis
			17:15 <b>Stage 4</b> With Francis		18:30 <b>Adult 1-1</b> With Francis		17:15 <b>Stage 3</b> With Debbie
			17:15 <b>Private 2-1</b> With Maxine				17:30 <b>Stage 5</b> With Lisa C
			17:30 <b>Stage 5</b> With Lisa C				17:45 <b>Stage 5/6</b> With Francis
			17:45 <b>Private 2-1</b> With Francis				17:45 <b>Private 2-1</b> With Debbie
			17:45 <b>Private 1-1</b> With Maxine				18:00 <b>Stage 5</b> With Lisa C
			18:00 <b>Stage 6</b> With Lisa C				18:15 <b>Private 1-1</b> With Francis
			18:15 <b>Private 1-1</b> With Francis				
			18:15 <b>Private 1-1</b> With Maxine				

FRIDAY		SATURDAY		SUNDAY	
AM	PM	AM	PM	AM	PM
10:00 Ducklings 4 With Lisa P	15:45 Ducklings 3 With Roz	09:00 Ducklings 2 With Crystal	12:00 Stage 3 With Maxine	09:45 Ducklings 4 With Roz	
10:30 Ducklings 3 With Lisa P	16:15 Stage 2 With Roz	09:15 Stage 3 With Maxine	12:15 Stage 3 With Suzanne	08:45 Private 1-1 With Isla	
11:00 Ducklings 3 With Lisa P	16:30 Stage 1 With Louis	09:30 Ducklings 3 With Crystal	12:30 Stage 2 With Maxine	09:15 Stage 1-3 With Roz	
11:30 Adult & Child With Lisa P	16:45 Stage 3 With Roz	09:45 Stage 5 With Maxine	12:45 Stage 5 With Suzanne	09:15 Private 1-1 With Isla	
	17:00 Stage 3 With Louis	10:00 Ducklings 3 With Crystal	13:00 Stage 3 With Maxine	09:45 Stage 3 With Roz	
	17:15 Stage 5 With Roz	10:15 Stage 1 With Suzanne	13:15 Stage 3 With Suzanne	09:45 Private 1-1 With Isla	
	17:30 Stage 4/5 With Louis	10:15 Stage 4 With Maxine	13:30 Stage 1 With Maxine	10:15 Ducklings 4 With Roz	
	17:45 Private 7 With Roz	10:30 Adult & Child With Crystal	13:30 Stage 1 With Debbie	10:15 Private 2-1 With Isla	
	17:45 Private 2-1 With Roz	10:45 Stage 1/2 With Suzanne	14:00 Private 1-1 With Maxine	10:45 Adult & Child With Roz	
		10:45 Stage 5 With Maxine	14:30 Private 1-1 With Debbie		
		11:00 Ducklings 4 With Crystal	15:00 Private 2-1 With Debbie		
		11:15 Stage 4 With Suzanne	15:30 Private 1-1 With Debbie		
		11:15 Stage 1 With Maxine	16:00 Private 1-1 With Debbie		
		11:30 Ducklings 3 With Crystal	16:30 Private 1-1 With Debbie		
		11:45 Stage 5 With Suzanne	17:00 Private 1-1 With Debbie		

### Members guide to ages:

Babies - 12m

Toddlers - 18m

Paddleducks - 24m (No prior swimming)

Ducklings 1-4 (Pre-school programme)

Stage 1 starts with beginners/non swimmers and as you learn/improve, you progress through to stage 7

Children 3yrs + group lessons x10 = £150

Children 0-2yrs group lessons x10 = £130

Private 1-1 lessons 30 minutes x10 = £300

Private 2-2 lessons 30 minutes x10 = £450

LIMITED PRIVATE 1-1 SESSIONS AVAILABLE

### KEY

 LIMITED SPACES AVAILABLE

 FULL (WAITING LIST)

For bookings or more info, email [swimming@foxhills.co.uk](mailto:swimming@foxhills.co.uk)

PAVILION

Foxhills 